



# CareTracker

by Resource Systems

- Improve Quality of Care
- Reduce Risk
- Increase Reimbursement



## What can you do in 1 minute?

- I can brush my teeth in a minute.
- I can throw a ball back and forth 20 times in a minute.
- I can write my name 10 times in a minute.
- I can wash my hands in minute.
- The flavor of a stick of gum wears out in a minute
- I can eat a slice of pizza in a minute
- I can watch a commercial in a minute
- My heart beats 70 times in a minute
- The pain from bumping your funny bone lasts a minute



**Every Minute:  
More than 14,000  
resident observations  
are recorded using  
CareTracker.**



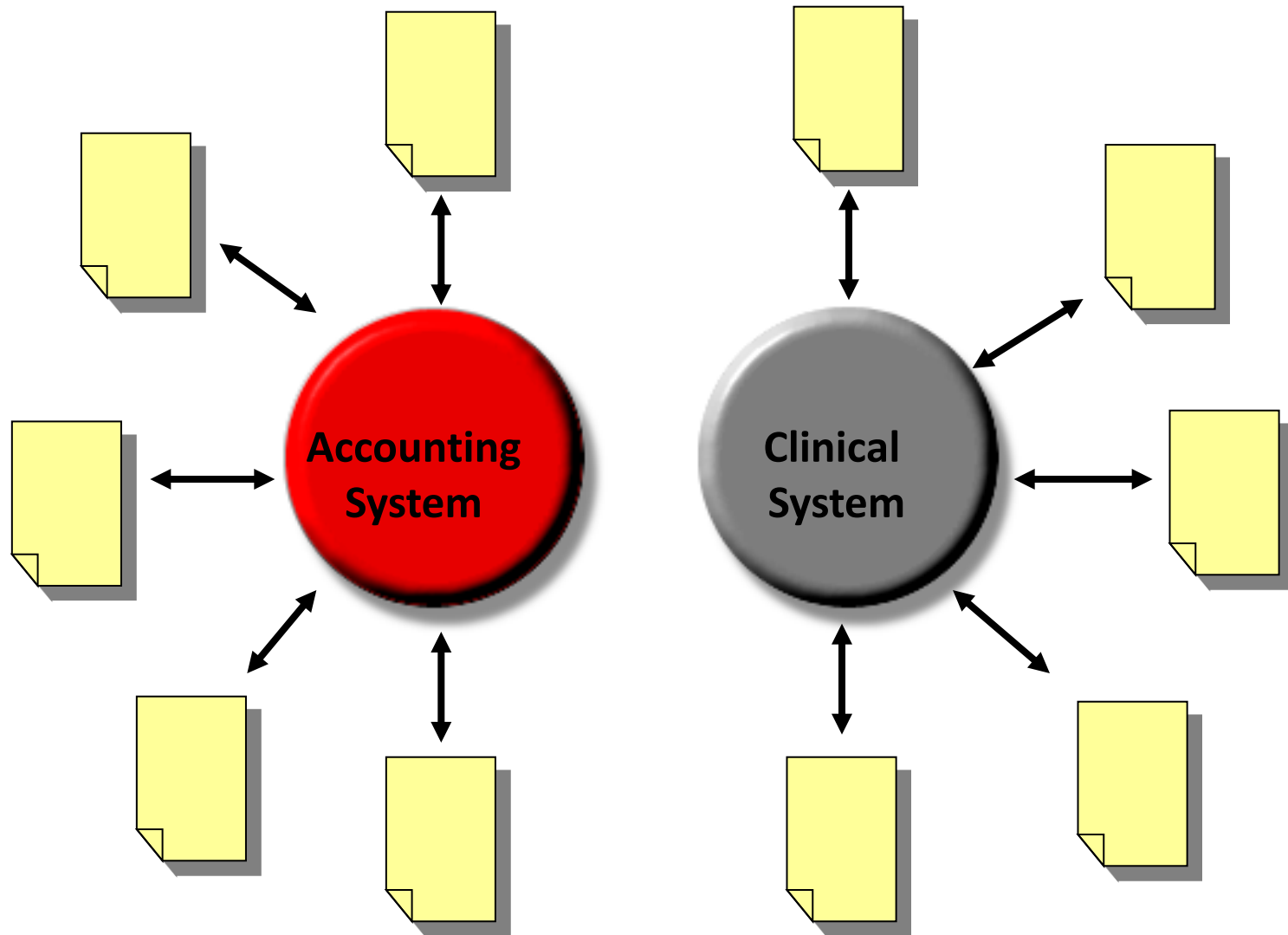
**Over 21 billion  
resident observations  
have been made  
using CareTracker.**



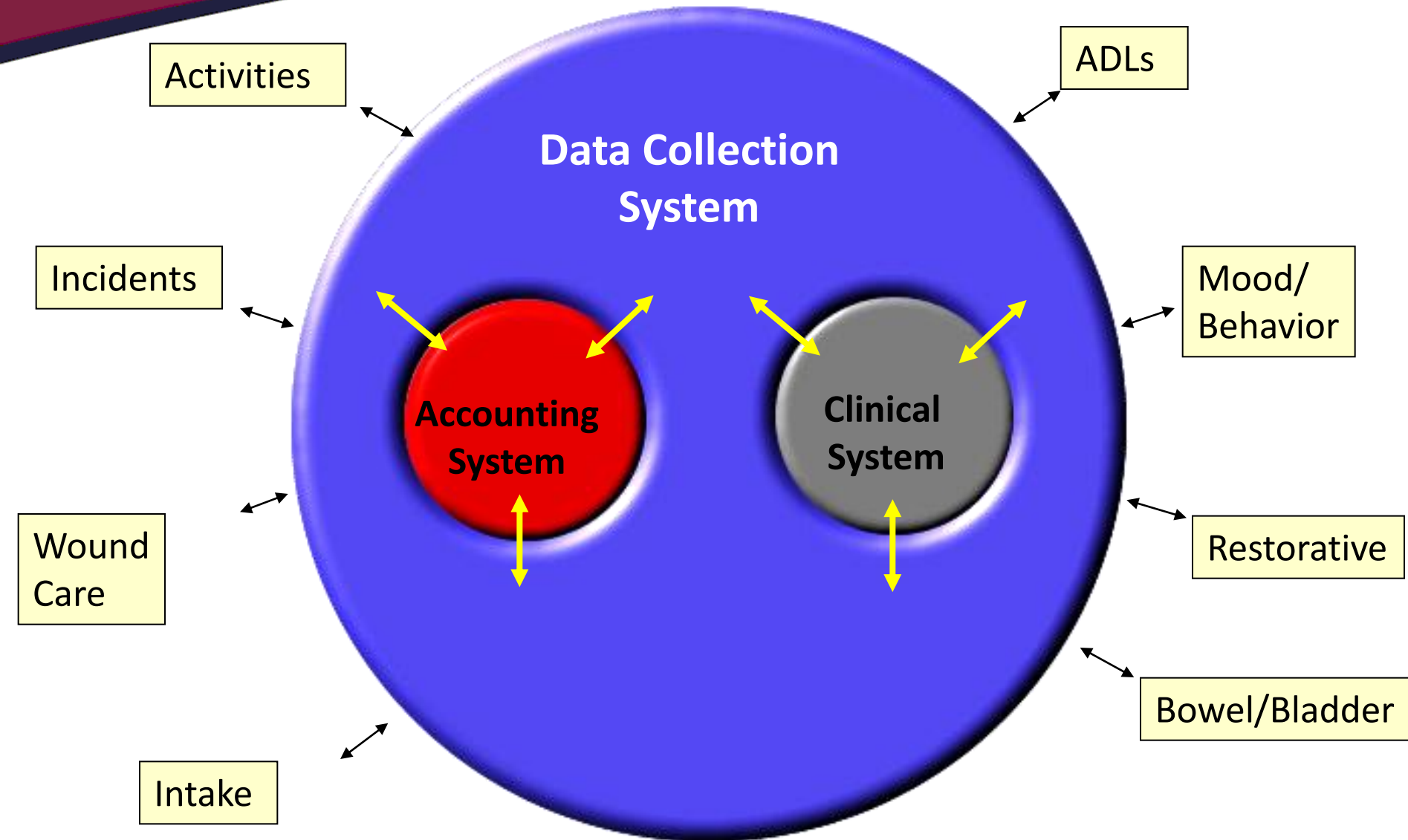
\$ 1 9 9 9 9 9 9 9 9 9

**CareTracker has helped long term care facilities realize  
nearly \$200 Million in legitimate additional  
reimbursement.**











Data Collection

Resource Systems' Mission:

Caring for People  
Through  
Innovative Solutions



# Supportive Documentation

**Defined:** Documentation that supports the resident care plan and the coding of the Minimum Data Set (MDS)

## But what is the real purpose?

- Meeting regulatory requirements?
- Improved insurance rates?
- Improved reimbursement?

# Supportive Documentation



*“In dwelling upon the vital importance of sound observation, it must never be lost sight of what observation is for. It is not for the sake of piling up miscellaneous information or curious facts, but for the sake of saving life and increasing health and comfort”*

*-Florence Nightingale*

Source: *Notes on Nursing* by Florence Nightingale

# Supportive Documentation



Translation: we collect supportive documentation in order to communicate between shifts, and between CNAs, nurses, and care planners.

Communicating effectively is **essential** to creating positive resident outcomes. Everything else is a side benefit.

# Supportive Documentation

*“If you didn’t document it, it didn’t happen”*

*-Old Nursing Adage*

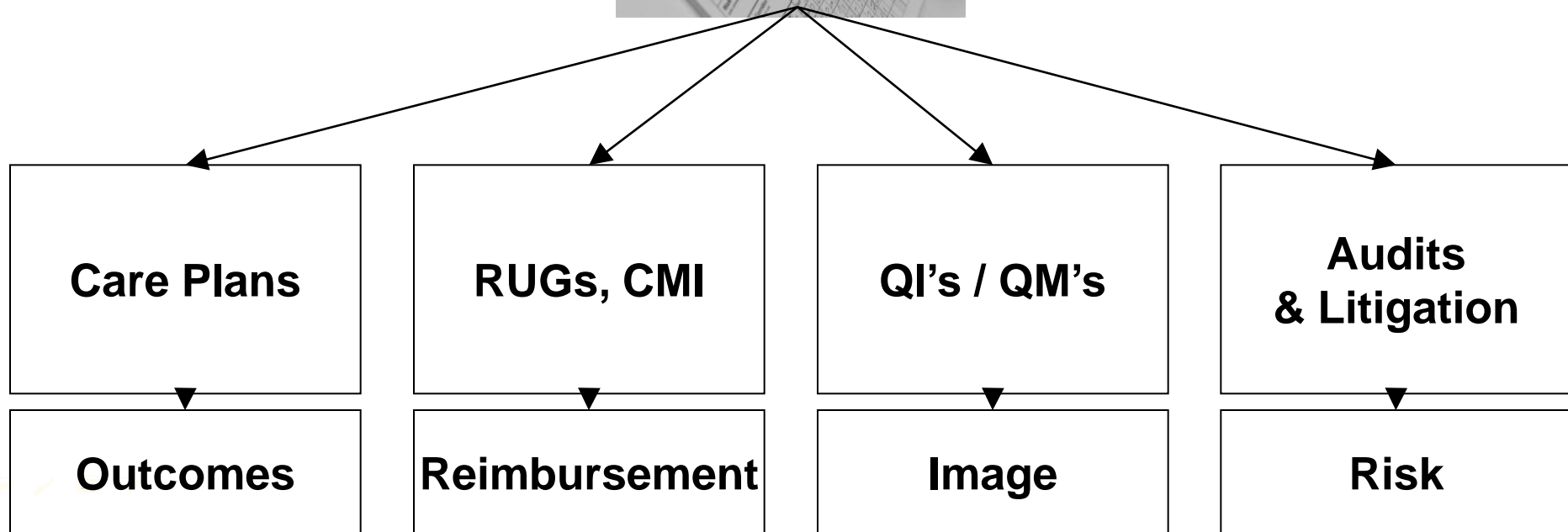
*“If you didn’t document it, we’re not going to pay you for it.”*

*-CMS*

*“If you didn’t document it, we’re going to sue you, cite you, and generally make your life miserable.”*

*-Auditors, Litigators, and the Media*

# Effects of Supportive Documentation



# Current Methods

- **Paper Forms**

- Parrot or copy-cat charting
- Extremely poor compliance
- Documenting “In Advance”
- Complex scoring system
- Fear of scoring different
- End of shift blues
- Tracking-down information:
  - Who has the Dietary logs?
  - Who has the ADL books?





	Assessment	Date	Shift	Self Perfor- mance	Support
1	Bed Mobility	2/3/2003	1	2	2
2	Bed Mobility	2/3/2003	2	2	2
3	Bed Mobility	2/3/2003	3	3	2
4	Bed Mobility	2/4/2003	1	3	2
5	Bed Mobility	2/4/2003	2	2	1
6	Bed Mobility	2/4/2003	3	1	2
7	Bed Mobility	2/5/2003	1	2	1
8	Bed Mobility	2/5/2003	2	1	1
9	Bed Mobility	2/5/2003	3	2	1
21	Bed Mobility	2/6/2003	1	2	2
	<b>Average</b>			<b>2</b>	<b>2</b>

# Impact of Compliance

How complete is the supportive documentation of your facility?

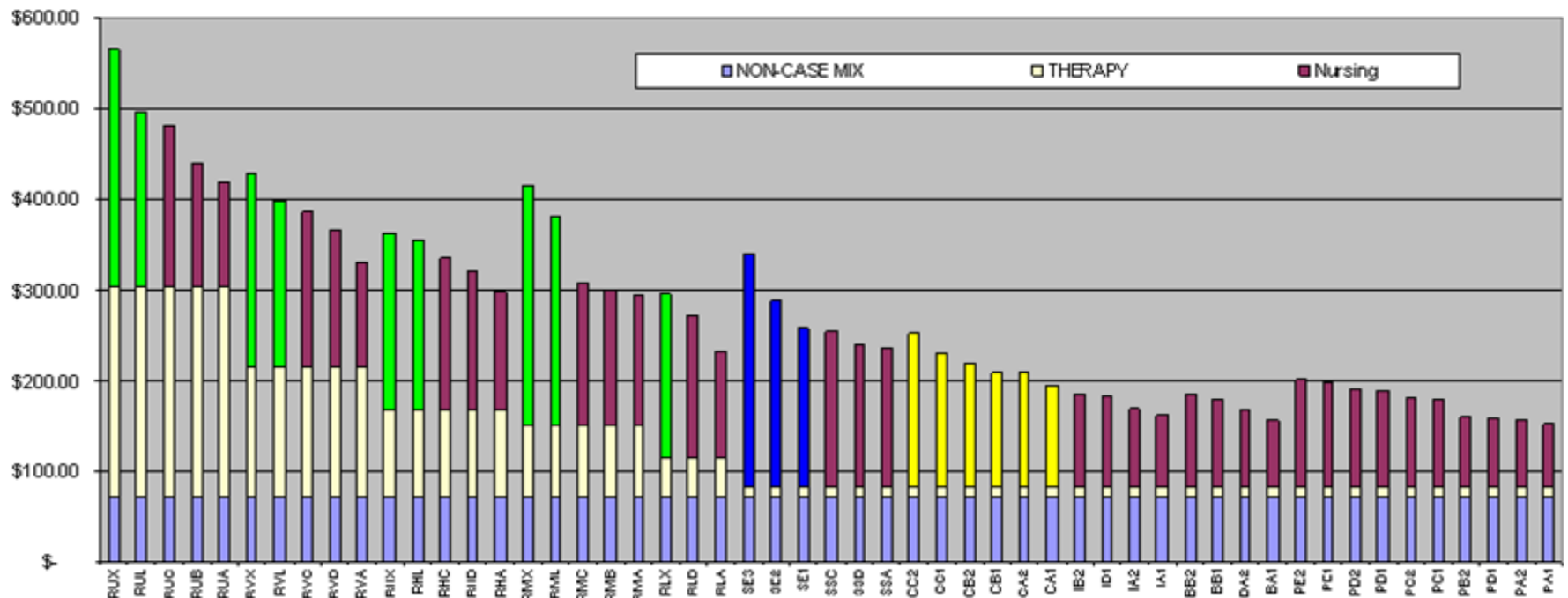
Most Estimate that it is **Less Than 70%!**





	Assessment	Date	Shift	Self Perfor- mance	Support
1	Bed Mobility	2/3/2003	1	2	2
2	Bed Mobility	2/3/2003	2	3	2
3	Bed Mobility	2/3/2003	3	2	2
4	Bed Mobility	2/4/2003	1	3	2
5	Bed Mobility	2/4/2003	2	2	2
6	Bed Mobility	2/4/2003	3	2	2
7	Bed Mobility	2/5/2003	1	3	2
8	Bed Mobility	2/5/2003	2	2	3
9	Bed Mobility	2/5/2003	3	2	2
10	Bed Mobility	2/6/2003	1	2	2
	<b>Average</b>			<b>3</b>	<b>3</b>

	Assessment	Date	Shift	Self Perfor- mance	Support
1	Bed Mobility	2/3/2003	1	2	2
2	Bed Mobility	2/3/2003	2	2	2
3	Bed Mobility	2/3/2003	3	3	2
4	Bed Mobility	2/4/2003	1	2	2
5	Bed Mobility	2/4/2003	2	2	2
6	Bed Mobility	2/4/2003	3	3	2
7	Bed Mobility	2/5/2003	1	3	2
8	Bed Mobility	2/5/2003	2	2	3
9	Bed Mobility	2/5/2003	3	2	2
10	Bed Mobility	2/6/2003	1	2	2
	<b>Average</b>			<b>3</b>	<b>3</b>

# Medicare Prospective Payment

**2006 Urban Medicare Rates – 53 RUG Grouper**



-  Effected by ADLs only
-  Effected by ADLs and Indicators of Depression:
-  Effected by ADLs and "Extensive Services"
-  Effected only by "Extensive Services"



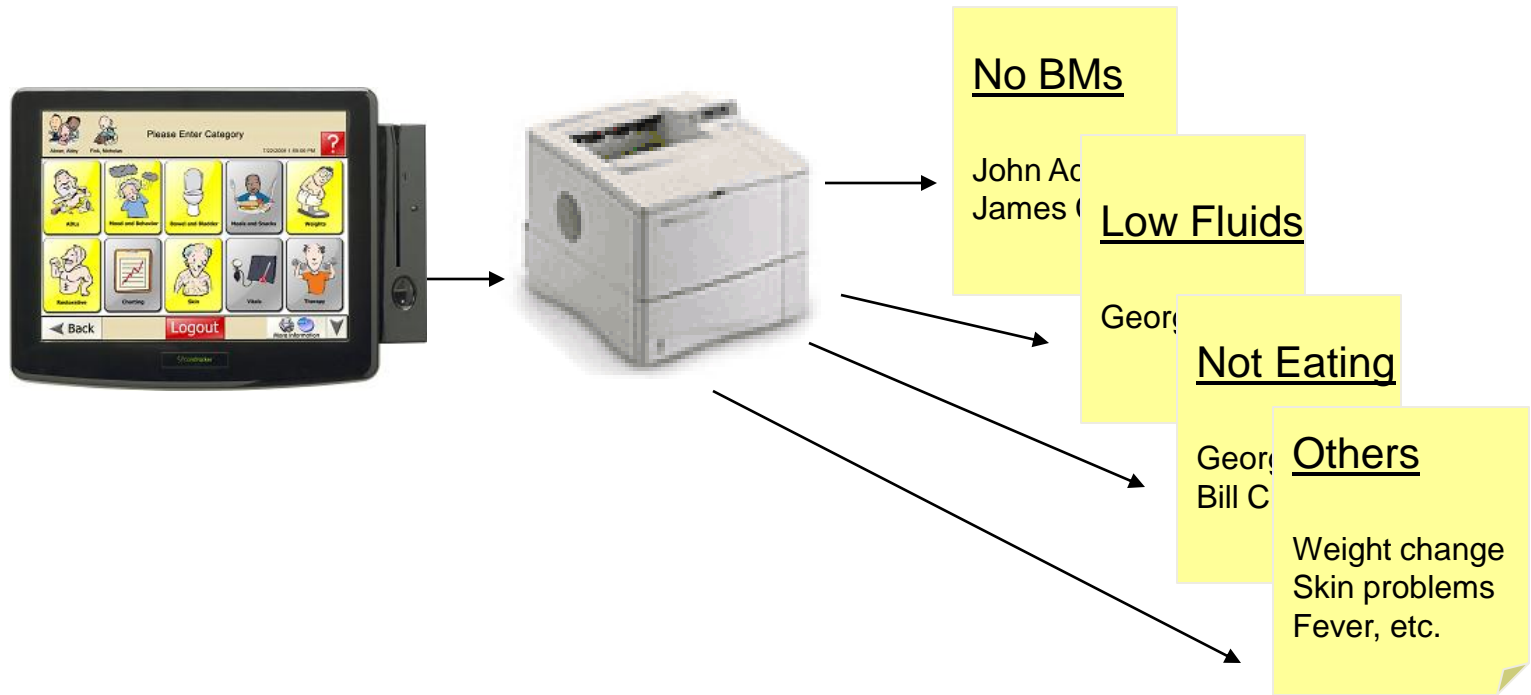
# CareTracker

by Resource Systems

- Improve Quality of Care
- Reduce Risk
- Increase Reimbursement



## Data Mining: Care Alert Reports





## Care Alert Reports

### No BM in last 9 shifts Cross Tab Report

Room, Resident Name	04/10/2005			04/11/2005			04/12/2005		
	11:00PM-7:00AM	7:00AM-3:00PM	3:00PM-11:00PM	11:00PM-7:00AM	7:00AM-3:00PM	3:00PM-11:00PM	11:00PM-7:00AM	7:00AM-3:00PM	3:00PM-11:00PM
101B Carter, J.	--	--	NO	NO	NO	NO	NO	NO	NO
103A Coolidge, C.	NO	NO	NO	NO	NO	NO	NO	NO	NO
103B Eisenhower, D.	NO	NO	NO	NO	NO	NO	NO	NO	NO
104B Ford, G.	NO	NO	NO	NO	NO	NO	NO	SM	?
201 Lincoln, A.	NO	NO	NO	NO	?	NO	NO	NO	NO
202 Madison, J.	NO	NO	NO	NO	SM	NO	NO	NO	NO

KEY: NO - No bowel movement SM - Small bowel movement (if applicable) ? - No observation made -- - Resident not active



## Care Alert Reports

### Fluid Intake < 1000 CCs last 3 shifts

Resident:	Location:	Room:	Value:
Date:	Staff:	Series:	Quest:
<b>1009 Adams, John</b>			
		<b>East Wing</b>	<b>102A</b>
08/29/2005 07:37AM	Abner, A.	Breakfast Intake	Fluid intake in CC's 250.00
08/29/2005 10:37AM	Abner, A.	Morning Snack Intake	Fluid intake in CC's 0.00
08/29/2005 12:37PM	Abner, A.	Lunch Intake	Fluid intake in CC's 200.00
08/29/2005 02:38PM	Abner, A.	Afternoon Snack Intake	Fluid intake in CC's 150.00
			<b>Observation Total: 600.00</b>
<b>1006 Carter, James</b>			
		<b>East Wing</b>	<b>101B</b>
08/28/2005 04:59PM	Abner, A.	Dinner Intake	Fluid intake in CC's 200.00
08/29/2005 07:20AM	Abner, A.	Breakfast Intake	Fluid intake in CC's 150.00
08/29/2005 09:20AM	Abner, A.	Morning Snack Intake	Fluid intake in CC's 125.00
08/29/2005 12:44PM	Albrecht, L.	Lunch Intake	Fluid intake in CC's 200.00
08/29/2005 03:20PM	Abner, A.	Afternoon Snack Intake	Fluid intake in CC's 150.00
			<b>Observation Total: 825.00</b>



## Care Alert Reports

### Avg Meal Intake < 50% last 3 shifts

Resident:	Location:	Room:	Value:
Date:	Staff:	Series:	Quest:
<b>1009 Adams, John</b>			
		<b>East Wing</b>	<b>102A</b>
08/29/2005 06:37AM	Abner, A.	Breakfast Intake	Percent of breakfast consumed 0.00
08/29/2005 12:37PM	Abner, A.	Lunch Intake	Percent of lunch consumed 50.00
08/29/2005 05:29PM	Abner, A.	Dinner Intake	Percent of dinner consumed 50.00
			<b>Avg: 33.33</b>
<b>1004 Clinton, William</b>			
		<b>East Wing</b>	<b>102B</b>
08/29/2005 06:51AM	Abner, A.	Breakfast Intake	Percent of breakfast consumed 25.00
08/29/2005 11:51AM	Abner, A.	Lunch Intake	Percent of lunch consumed 25.00
08/29/2005 05:51PM	Abner, A.	Dinner Intake	Percent of dinner consumed 75.00
			<b>Avg: 41.66</b>



# Section G Reporting

## Compressed ADL Report

**Id:** 1009

**Name:** Adams, John

**Location:** East Wing

**Room:** 100A

04/05/2005 Shift 1 23:00 - 07:00  
 04/06/2005 Shift 1 23:00 - 07:00  
 04/06/2005 Shift 2 07:00 - 15:00  
 04/06/2005 Shift 3 15:00 - 23:00  
 04/07/2005 Shift 1 23:00 - 07:00  
 04/07/2005 Shift 2 07:00 - 15:00  
 04/07/2005 Shift 3 15:00 - 23:00  
 04/08/2005 Shift 1 23:00 - 07:00  
 04/08/2005 Shift 2 07:00 - 15:00  
 04/08/2005 Shift 2 07:00 - 15:00  
 04/08/2005 Shift 3 15:00 - 23:00  
 04/09/2005 Shift 1 23:00 - 07:00  
 04/09/2005 Shift 2 07:00 - 15:00  
 04/09/2005 Shift 3 15:00 - 23:00  
 04/10/2005 Shift 1 23:00 - 07:00  
 04/10/2005 Shift 2 07:00 - 15:00  
 04/10/2005 Shift 3 15:00 - 23:00  
 04/11/2005 Shift 1 23:00 - 07:00  
 04/11/2005 Shift 2 07:00 - 15:00

Bed Mobility		Transfer		Walk in Room		Walk in Hall		Locomotion on Unit		Locomotion off Unit		Dressing		Eating		Toilet Use		Personal Hygiene		Bathing	
G1aA Self Perf	G1aB Supp Req	G1bA Self Perf	G1bB Supp Req	G1cA Self Perf	G1cB Supp Req	G1dA Self Perf	G1dB Supp Req	G1eA Self Perf	G1eB Supp Req	G1fA Self Perf	G1fB Supp Req	G1gA Self Perf	G1gB Supp Req	G1hA Self Perf	G1hB Supp Req	G1iA Self Perf	G1iB Supp Req	G1jA Self Perf	G1jB Supp Req	G2A Self Perf	G2B Supp Req
4	3	8	8	8	8	8	8	4	2	4	2	3	3	3	2	4	3	3	2	4	3
4	3	4	3	8	8	8	8	8	8	8	8	8	8	8	8	4	3	3	2	4	3
3	3	4	3	8	8	8	8	4	2	4	2	4	3	3	2	4	3	4	2	8	8
4	3	3	3	8	8	8	8	4	2	4	2	8	8	3	2	4	3	8	8	8	8
8	8	8	8	8	8	8	8	8	8	8	8	4	3	8	8	8	8	4	3	8	8
3	3	4	3	8	8	8	8	3	2	4	2	4	3	3	2	4	3	3	2	4	3
3	3	8	8	8	8	8	8	8	8	8	8	4	3	3	2	4	3	3	2	8	8
4	3	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
3	3	4	3	8	8	8	8	3	2	3	2	4	3	3	2	3	3	2	2	8	8
1	1	8	8	8	8	8	8	8	8	3	3	4	3	3	2	3	3	2	2	4	3
3	3	4	3	8	8	8	8	4	2	8	8	8	8	3	2	3	3	8	8	8	8
4	3	4	3	8	8	8	8	3	2	8	8	8	8	8	8	4	3	3	2	8	8
4	2	4	3	8	8	8	8	4	2	8	8	8	8	3	2	4	3	3	2	8	8
8	8	4	3	8	8	8	8	4	2	3	3	8	8	3	2	4	3	2	2	8	8
4	3	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
4	3	4	3	8	8	8	8	4	2	4	2	4	3	3	2	4	3	2	2	4	3
4	3	8	8	8	8	8	8	8	8	8	8	8	8	4	2	8	8	8	8	8	8
3	3	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
4	3	4	3	8	8	8	8	4	3	4	3	3	3	2	2	4	3	3	2	8	8

**\* Score by Frequency  
ADL Score**

Bed Mobility		Transfer		Walk in Room		Walk in Hall		Locomotion on Unit		Locomotion off Unit		Dressing		Eating		Toilet Use		Personal Hygiene		Bathing	
3	3	3	3	8	8	8	8	3	3	3	3	3	3	3	2	3	3	3	3	4	3
5		5												3		5					

**John Adams's Total ADL Score**

**18**

### Code Number Key for Self-Performance

0 - Independent	3 - Extensive Assistance
1 - Supervision	4 - Total Dependence
2 - Limited Assistance	8 - Activity Did Not Occur

### Code Number Key for Support

0 - No setup help or physical help from staff	3 - Two+ persons physical assist
1 - Setup help only	8 - ADL activity did not occur
2 - One person physical assist	

# Section G Reporting (MDS 3.0)

## Compressed ADL MDS 3.0 Report

02/26/2009 11:54:01 AM

Id: 1008

Name: Buchanan, James

Location: East Wing

Room: 100B

02/19/2009	Shift 1	23:00 - 07:00
02/19/2009	Shift 2	07:00 - 15:00
02/19/2009	Shift 3	15:00 - 23:00
02/20/2009	Shift 1	23:00 - 07:00
02/20/2009	Shift 2	07:00 - 15:00
02/20/2009	Shift 3	15:00 - 23:00
02/21/2009	Shift 1	23:00 - 07:00
02/21/2009	Shift 2	07:00 - 15:00
02/21/2009	Shift 3	15:00 - 23:00
02/22/2009	Shift 1	23:00 - 07:00
02/22/2009	Shift 2	07:00 - 15:00
02/22/2009	Shift 3	15:00 - 23:00
02/23/2009	Shift 1	23:00 - 07:00
02/23/2009	Shift 2	07:00 - 15:00
02/23/2009	Shift 3	15:00 - 23:00
02/24/2009	Shift 1	23:00 - 07:00
02/24/2009	Shift 2	07:00 - 15:00
02/24/2009	Shift 3	15:00 - 23:00
02/25/2009	Shift 1	23:00 - 07:00
02/25/2009	Shift 2	07:00 - 15:00
02/25/2009	Shift 3	15:00 - 23:00

Bed Mobility	Transfer	Toilet Transfer	Toileting	Walk in Room	Walk in Facility	Locomotion	Dressing Upper Body	Dressing Lower Body	Eating	Grooming / Personal Hygiene	Bathing
G1a	G1b	G1c	G1d	G1e	G1f	G1g	G1h	G1i	G1j	G1k	G1l
2	5	5	3	8	8	6	8	8	8	8	7
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	8	8	8	8	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	4	3	8	8	6	8	8	8	8	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	8	8	8	8	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	4	3	8	8	6	8	8	8	8	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	8	8	8	8	8
2	5	5	3	8	8	6	3	5	2	2	8
2	5	5	3	8	8	6	8	8	8	8	8
2	5	5	3	8	8	6	4	5	2	3	8
2	5	5	3	8	8	6	3	5	2	2	8

\* Score by Frequency  
ADL Index Score

Bed Mobility	Transfer	Toilet Transfer	Toileting	Walk in Room	Walk in Facility	Locomotion	Dressing Upper Body	Dressing Lower Body	Eating	Grooming / Personal Hygiene	Bathing
2	5	5	3	8	8	6	2	5	2	2	7

\*(ADL Scoring is undefined at this time)

James Buchanan's Total ADL Index Score **undefined**

### Code Number Key for Self-Performance

0 - Independent	5 - Extensive assistance, 2+ person assist
1 - Set up assistance	6 - Total dependence, 1 person assist
2 - Supervision	7 - Total dependence, 2+ person assist
3 - Limited assistance	8 - Activity did not occur
4 - Extensive assistance, 1 person assist	

\* Any highlighted data is not included in the "Score by Frequency" calculations.

# Section E Reporting

## Compressed Mood and Behavior Report

Id: 1007

Name: Bush, George H

Location: East Wing

Room: 101A

	Verbal Expressions of Distress									Sleep-Cycle Issues		Sad, Apathetic, Anxious Appearance			Loss of Interest		Mood	Behavioral Symptoms									
	Negative Statements	Repetitive Questions	Repetitive Verbal	Persistent Anger	Self Deprecation	Unrealistic Fears	Terrible Things to Happen	Repetitive Health	Repetitive Anxious	Unpleasant Mood	Insomnia	Sad/ Pained/ Worried	Crying	Repetitive Physical	Withdrawn from activities	Reduced Social Interaction	Mood Persistence	Wandering	Wand. Alter.	Verb. Abuse	Verb. Alter.	Phys. Abuse	Phys. Alter.	Soc. Inapp	Soc. Alter.	Resists Care	Res. Alter.
10/03/2007	1	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	2	0	2	0	0	0
10/04/2007	0	0	0	0	1	0	1	1	0	0	1	1	0	0	0	1	3	0	0	2	0	1	0	1	0	0	0
10/05/2007	0	0	0	0	0	2	0	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1	1	0	0	0	0
10/06/2007	0	1	0	1	0	0	1	1	2	1	1	1	0	0	0	0	5	1	0	0	0	2	1	2	1	1	1
10/07/2007	1	2	1	0	1	1	0	0	0	1	0	1	1	0	0	0	1	0	0	1	0	2	0	1	0	0	0
10/08/2007	0	0	1	0	0	0	1	0	2	0	1	0	0	2	1	0	1	0	0	0	2	1	2	0	2	0	0
10/09/2007	0	0	0	0	0	2	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1	1	0	0	0
10/10/2007	0	1	0	1	0	0	1	1	2	1	1	1	0	0	0	0	5	1	0	0	0	2	1	2	1	1	1
10/11/2007	1	2	1	0	1	1	0	0	0	1	0	1	1	0	0	0	1	0	0	1	0	2	0	1	0	0	0
10/12/2007	0	0	1	0	0	0	1	0	2	0	1	0	0	2	1	0	1	0	0	0	2	1	2	0	2	0	0
10/13/2007	1	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	2	0	2	0	0	0
10/14/2007	0	0	0	0	1	0	1	1	0	0	1	1	0	0	0	1	3	0	0	2	0	1	0	1	0	0	0
10/15/2007	0	0	0	0	0	2	0	0	0	0	1	0	0	0	0	0	1	0	0	0	1	1	1	0	0	0	0
10/16/2007	0	1	0	1	0	0	1	1	2	1	1	1	0	0	0	0	5	1	0	0	0	2	1	2	1	1	1
10/17/2007	1	2	1	0	1	1	0	0	0	1	0	1	1	0	0	0	1	0	0	1	0	2	0	1	0	0	0
10/18/2007	0	1	0	1	0	0	1	1	2	1	1	1	0	0	0	0	5	1	0	0	0	2	1	2	1	1	1
10/19/2007	1	2	1	0	1	1	0	0	0	1	0	1	1	0	0	0	1	0	0	1	0	2	0	1	0	0	0
10/20/2007	0	0	1	0	0	0	1	0	2	0	1	0	0	2	1	0	1	0	0	0	0	2	1	2	0	2	0
10/21/2007	0	0	0	0	0	2	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1	1	0	0	0
10/22/2007	0	1	0	1	0	0	1	1	2	1	1	1	0	0	0	0	5	1	0	0	0	2	1	2	1	1	1
10/23/2007	1	2	1	0	1	1	0	0	0	1	0	1	1	0	0	0	1	0	0	1	0	2	0	1	0	0	0
10/24/2007	0	0	1	0	0	0	1	0	2	0	1	0	0	2	1	0	1	0	0	0	2	1	2	0	2	0	0
10/25/2007	0	0	0	0	0	2	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	1	1	1	0	0	0
10/26/2007	0	1	0	1	0	0	1	1	2	1	1	1	0	0	0	0	5	1	0	0	0	2	1	2	1	1	1
10/26/2007	1	2	1	0	1	1	0	0	0	1	0	1	1	0	0	0	1	0	0	1	0	2	0	1	0	0	0

Total Indicators  
 Total Days with Indicators  
 George H Bush Code

E1a	E1b	E1c	E1d	E1e	E1f	E1g	E1h	E1i	E1j	E1k	E1l	E1m	E1n	E1o	E1p	E2	E4a		E4b		E4c		E4d		E4e	
																	A	B	A	B	A	B	A	B	A	B
2	4	2	1	2	3	3	2	4	3	4	3	1	2	1	1	11	1	0	4	0	10	3	9	1	3	1
2	3	2	1	2	2	3	2	2	3	4	3	1	1	1	1	5	1	0	3	0	6	3	6	1	2	1
1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2	1	0	1	0	2	1	2	1	1	1



## Section H Bowel and Bladder Report

Resident: Adams, John

Res Id: 642

Room: 322

Resident: Adams, John Res Id: 642 Room: 322	Bladder Continence			Bowel Continence			Bowel Elimination Pattern								Appliances and Programs									
	Bladder Continent	Bladder Incontinent		Bowel Continent	Bowel Incontinent		No Bowel Movement	Small	Medium	Large	X-Large	Diarrhea	Fecal Impaction		Any Scheduled Toileting Plan	Bladder Retraining	External Catheter	Indwelling Catheter	Intermittent Catheter	No Use of Toilet/commode /urinal/bedpan	Pads/briefs used	Enemas/Irrigation	Ostomy present	
	2	0		2	0		N/A	0	1	0	1	0	0		1	0	0	0	0	0	2	0	0	
02/01/2007	1	0		1	0		N/A	0	1	0	0	0	0		0	0	0	0	0	0	1	0	0	
02/02/2007	3	0		1	0		N/A	0	1	0	0	0	0		0	0	0	0	0	0	3	0	0	
02/03/2007	2	0		0	0		3	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0	
02/04/2007	1	0		1	0		N/A	0	1	0	0	0	0		0	0	0	0	0	0	0	0	0	
02/05/2007	4	0		2	0		N/A	0	1	1	0	0	0		1	0	0	0	0	0	5	0	0	
02/06/2007	2	0		0	0		1	0	0	0	0	0	0		0	0	0	0	0	0	1	0	0	
02/07/2007	3	0		1	0		N/A	0	0	1	0	0	0		0	0	0	0	0	0	1	0	0	
02/08/2007	1	0		0	0		3	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0	
02/09/2007	2	0		1	0		N/A	0	1	0	0	0	0		0	0	0	0	0	0	1	0	0	
02/10/2007	2	0		0	0		N/A	0	0	1	0	0	0		1	0	0	0	0	0	1	0	0	
02/11/2007	1	1		2	1		N/A	0	1	1	0	0	0		1	0	0	0	0	0	3	0	0	
02/12/2007	1	0		1	0		N/A	0	1	0	0	0	0		0	0	0	0	0	0	1	0	0	
02/13/2007	3	0		0	0		4	0	0	0	0	0	0		0	0	0	0	0	0	1	0	0	
02/14/2007	28	1		12	1		11	0	8	4	1	0	0		4	0	0	0	0	0	20	0	0	
Total	14	1		9	1		4	0	8	4	1	0	0		4	0	0	0	0	0	11	0	0	
Number of Days																								

Assumed ARD Date: 2/14/2007

<b>H1</b>	<b>Continence Self-Control</b>			
a.	Bowel Continence	1		
b.	Bladder Continence	1		
<b>H2</b>	<b>Bowel Elimination Pattern</b>			
a.	Bowel Elimination Pattern Regular - At least one Movement every three days	X	d.	Fecal Impaction
b.	Constipation		e.	None of the Above
c.	Diarrhea			
<b>H3</b>	<b>Appliances and Programs</b>			
a.	Any Scheduled Toileting plan	X	f.	Did not use toilet room/Commode/urinal
b.	Bladder Retraining Program		g.	Pads/briefs used X
c.	External (condom)catheter		h.	Enemas/Irrigation
d.	Indwelling catheter		i.	Ostomy present
e.	Intermittent catheter		j.	None of the Above



## Section N Reporting

### Time Awake (N1)

Resident: Coolidge, Calvin  
 Res Id: 1003  
 Room: 103A

	Awake all or most of Morning 7 am - 12 pm	Awake all or most of the Afternoon 12 pm - 5 pm	Awake all or most of the evening 5 pm - 10 pm (or bedtime)	Resident is Comatose
02/01/2007	NO	YES	NO	NO
02/02/2007	NO	YES	YES	NO
02/03/2007	YES	NO	NO	NO
02/04/2007	NO	YES	NO	NO
02/05/2007	NO	YES	YES	NO
02/06/2007	YES	YES	NO	NO
02/07/2007	NO	YES	NO	NO
Number of Days	2	6	2	0
	N1a	N1b	N1c	N1d
MDS Code	N	Y	N	N

## Section K Reporting

### Section K3 Weight Report

**Resident Id:**
**Resident:**
**Room:**

0999

Adams, John Q

110

ARD Date	09/24/2007	
Last Weight	09/24/2007	157.00

 Days from  
last weight

30 Day Weight	08/24/2007	31 day(s)	160.00	% Change 30 Days	-1.87%
180 Day Weight	03/24/2007	184 day(s)	155.00	% Change 180 Days	1.29%

K3	Weight Change	
	a.	<b>Weight loss - 5% or more in last 30 days; or 10% or more in last 180 days</b> 0. No    1. Yes
	b.	<b>Weight gain - 5% or more in last 30 days; or 10% or more in last 180 days</b> 0. No    1. Yes

## Section P Reporting

### MDS Section P3 Restorative Chart

Resident: Adams, John Q

Res Id: 1009

Room: 100A

	Range of Motion Passive	Range of Motion Active	Splint Application	Bed Mobility	Transfer	Walking	Dressing/Grooming	Eating/Swallowing	Amputation	Communication
10/19/2006	0	15	48	26	15	30	15	0	15	15
10/20/2006	0	15	48	26	15	30	15	0	15	15
10/21/2006	0	15	48	26	15	30	15	0	15	15
10/22/2006	0	15	48	26	15	30	15	0	15	15
10/23/2006	0	15	48	26	15	30	15	0	15	15
10/24/2006	0	15	48	26	15	30	15	0	15	15
10/25/2006	0	5	33	0	1	0	0	0	0	0
	P3a	P3b	P3c	P3d	P3e	P3f	P3g	P3h	P3i	P3j
Total	0	95	321	156	91	180	90	0	90	90
Total Days with 15+ Minutes	0	6	7	6	6	6	6	0	6	6

# Analyzing ADLs

## ADL Significant Change Analysis Report

Recent 14 Days: 02/15/2007 - 02/28/2007

Exception Difference: 0.50

Prior 14 Days: 02/01/2007 - 02/14/2007

		Bed Mobility		Transfer		Walk in Room		Walk in Hall		Locomotion on Unit		Locomotion off Unit		Dressing		Eating		Toilet Use		Personal Hygiene		Bathing		ADL Index			
		Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Recent	Prior	Week of 2/22	Week of 2/15	Week of 2/8	Week of 2/1
Bettis, Elaine (5556)		2.2	1.8	2.2	1.8	1.7	1.2	1.4	1.3	2.4	2.0	4.0	3.5	3.4	3.3	1.9	1.3	3.2	2.8	3.2	3.3	3.8	4.0	15.0	16.0	14.0	14.0
	Difference	0.4	↓	0.4	↓	0.5	↓	0.1	↓	0.4	↓	0.5	↓	0.1	↓	0.6	↓	0.4	↓	-0.1	↑	-0.2	↑				
Bing, Chandler (5558)		3.4	3.4	3.0	2.9	2.7	2.8	2.4	2.3	2.3	2.5	4.0	4.0	3.6	3.6	3.7	3.5	3.8	3.7	3.6	3.6	3.5	3.7	17.0	16.0	17.0	16.0
	Difference	0.0		0.1	↓	-0.1	↑	0.1	↓	-0.2	↑	0.0		0.0		0.2	↓	0.1	↓	0.0		-0.2	↑				
Flinstone, Fred L (5551)		1.8	1.6	1.7	1.5	0.2	0.4	0.4	0.4	0.3	0.5	3.0	1.5	3.2	3.0	0.7	1.0	2.8	2.8	3.0	2.8	3.7	3.8	16.0	16.0	17.0	13.0
	Difference	0.2	↓	0.2	↓	-0.2	↑	0.0		-0.2	↑	1.5	↓	0.2	↓	-0.3	↑	0.0		0.2	↓	-0.1	↑				
Flinstone, Wilma (5552)		2.0	--	2.3	--	1.0	--	1.0	--	2.0	--	3.0	--	4.0	--	2.3	--	2.3	--	3.7	--	--	--	6.0	--	--	--
	Difference	--		--		--		--		--		--		--		--		--		--		--					
Gellar, Monica (5559)		0.5	0.5	0.0	0.1	0.1	0.2	0.1	0.2	0.0	0.1	0.5	0.0	0.3	0.5	0.1	0.1	0.6	0.5	1.0	1.1	3.1	2.9	8.0	8.0	8.0	8.0
	Difference	0.0		-0.1	↑	-0.1	↑	-0.1	↑	-0.1	↑	0.5	↓	-0.2	↑	0.0		0.1	↓	-0.1	↑	0.2	↓				
Gellar, Rachel (5512)		3.1	3.1	3.1	3.2	1.9	2.0	1.4	2.0	2.0	2.4	4.0	--	3.8	3.7	3.6	3.7	3.8	3.8	3.8	3.8	3.9	4.0	16.0	16.0	16.0	16.0
	Difference	0.0		-0.1	↑	-0.1	↑	-0.6	↑	-0.4	↑	--		0.1	↓	-0.1	↑	0.0		0.0		-0.1	↑				
Gellar, Ross (5510)		1.3	0.8	0.9	0.6	0.3	0.3	0.2	0.2	0.5	0.3	2.0	3.0	2.7	2.7	0.4	0.8	2.1	2.5	2.9	2.8	3.7	3.6	11.0	12.0	11.0	12.0
	Difference	0.5	↓	0.3	↓	0.0		0.0		0.2	↓	-1.0	↑	0.0		-0.4	↑	-0.4	↑	0.1	↓	0.1	↓				
Kastanza, George (5557)		3.0	3.4	3.2	3.4	2.8	1.0	2.3	1.9	3.6	3.6	3.5	3.0	3.9	3.9	2.7	2.7	3.9	3.9	3.5	3.6	4.0	4.0	15.0	16.0	15.0	15.0
	Difference	-0.4	↑	-0.2	↑	1.8	↓	0.4	↓	0.0		0.5	↓	0.0		0.0		0.0		-0.1	↑	0.0					
Kramer, Cosmo (5555)		0.4	0.6	0.3	0.6	0.0	0.1	0.0	0.1	0.0	0.4	2.0	1.0	3.5	3.4	0.4	0.2	1.2	1.0	3.4	3.6	4.0	3.9	9.0	9.0	9.0	13.0
	Difference	-0.2	↑	-0.3	↑	-0.1	↑	-0.1	↑	-0.4	↑	1.0	↓	0.1	↓	0.2	↓	0.2	↓	-0.2	↑	0.1	↓				
Rubble, Barney (5553)		3.0	2.9	2.5	2.5	2.3	2.2	2.2	2.2	2.7	2.6	2.0	2.0	3.7	3.7	3.5	3.5	3.9	3.7	3.8	3.8	4.0	4.0	15.0	16.0	16.0	16.0
	Difference	0.1	↓	0.0		0.1	↓	0.0		0.1	↓	0.0		0.0		0.0		0.2	↓	0.0		0.0					
Rubble, Betty (5554)		3.0	2.8	3.4	2.9	4.0	4.0	4.0	4.0	3.6	3.1	3.8	4.0	3.3	2.9	3.3	3.1	3.7	3.3	3.3	3.1	3.7	2.8	16.0	16.0	16.0	16.0
	Difference	0.2	↓	0.5	↓	0.0		0.0		0.5	↓	-0.2	↑	0.4	↓	0.2	↓	0.4	↓	0.2	↓	0.9	↓				
Tribiany, Joey R (5511)		1.9	1.6	1.8	1.7	1.1	1.0	1.2	1.3	1.4	1.2	2.0	2.0	2.8	2.4	0.4	0.2	2.4	2.1	2.3	2.5	3.3	3.1	11.0	13.0	11.0	11.0
	Difference	0.3	↓	0.1	↓	0.1	↓	-0.1	↑	0.2	↓	0.0		0.4	↓	0.2	↓	0.3	↓	-0.2	↑	0.2	↓				

Key/Notes:

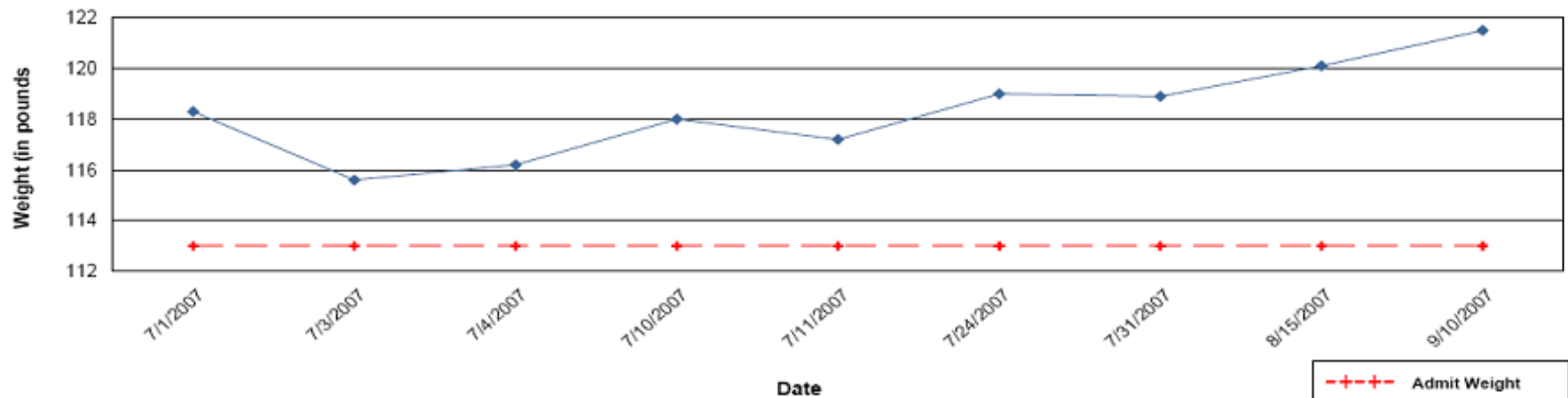
\* -- : Not enough information for calculation

Recent and prior values show the average self performance score for the two 14 day time frames listed above

Highlight/Bold shows the average where the difference meets or exceeds the selected exception

# Analyzing Weight

Weight Trend Graph



Weight Exceptions: 5.0% loss or gain

Name	First Weight Date	Weight	Last Weight Date	Weight	% Change	# of Days	Highest Weight Date	Weight	Lowest Weight Date	Weight	% Change	# of Days
Resident, Sample	07/01	118.30	09/10	121.50	2.70%	71	09/10	121.50	07/03	115.60	5.10%*	69
Staff Id	Staff Name		Date		Weight							
	Abner, Abbey A		07/01/2007 12:48PM		118.30							
	Abner, Abbey A		07/03/2007 01:57PM		115.60							
	Abner, Abbey A		07/04/2007 03:57PM		116.20							
	Abner, Abbey A		07/10/2007 01:54PM		118.00							
	Abner, Abbey A		07/11/2007 01:49PM		117.20							
	Abner, Abbey A		07/24/2007 01:57PM		119.00							
	Abner, Abbey A		07/31/2007 01:52PM		118.90							
	Abner, Abbey A		08/15/2007 02:02PM		120.10							
	Abner, Abbey A		09/10/2007 02:02PM		121.50							

Key:

\* - Exceptions that meet the selected criteria

# Analyzing Behavior

Behavior Trend Graph

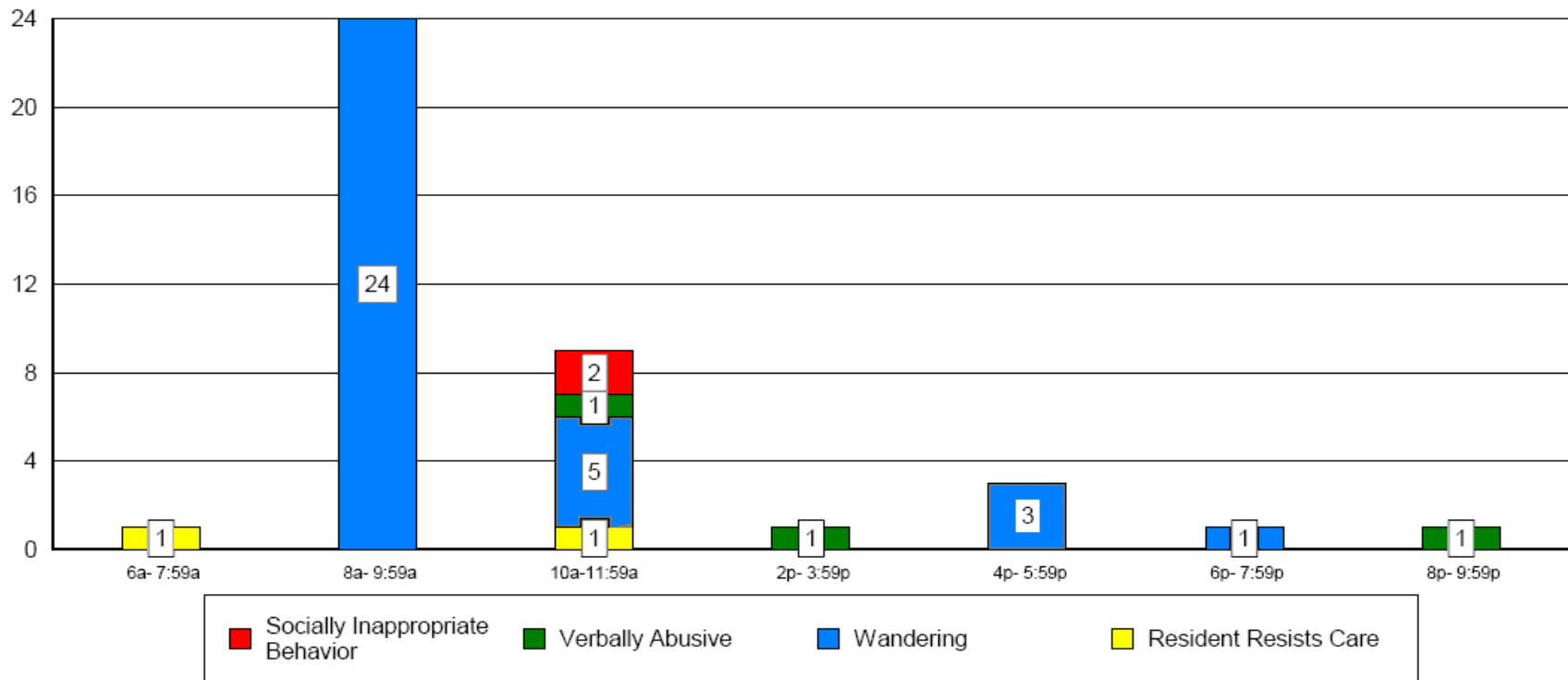
Date Range: 9/1/2007 - 9/30/2007

**Resident Name:** Adams, John Q

**Resident ID:** 1009

**Resident Room:** 100A

**Resident Category:** Medicaid



# Analyzing Behavior

## Behavior Detail Report

4/11/2008 1:44:13 PM

Resident Id:    Resident Name:

1009	Adams, John Q	Medicaid	East Wing	100A
<b>Mood and Behaviors</b>				

### Behavioral Symptoms

Alpine, Tina	04/11/2008 12:38PM	Verbally Abusive	Yes
Alpine, Tina	04/11/2008 12:38PM	Describe verbally abusive behavior	Screamed at staff

Note:	Alpine, Tina	04/11/2008 12:38PM	Screamed at staff member at meal time for taking the empty plate.
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Alpine, Tina	04/11/2008 12:38PM	Describe verbally abusive behavior	Threatened staff
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Note:	Alpine, Tina	04/11/2008 12:38PM	Also threatened staff, resident told staff they would beat them up if they continued.
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Alpine, Tina	04/11/2008 12:38PM	Was verbal abuse easily altered?	No
--------------	--------------------	----------------------------------	----

Note:	Alpine, Tina	04/11/2008 12:38PM	Started talking to the resident about baseball, didn't alter the behavior.
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Alpine, Tina	04/11/2008 12:38PM	Approximately what time did verbal abuse occur?	4/11/2008 12:30 PM
--------------	--------------------	-------------------------------------------------	--------------------

Alpine, Tina	04/11/2008 12:38PM	1 to 1	Yes
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Alpine, Tina	04/11/2008 12:38PM	Was 1 to 1 effective for verbal abuse?	No
--------------	--------------------	----------------------------------------	----

Note:	Alpine, Tina	04/11/2008 12:38PM	Continued to speak with resident 1-1, was not effective.
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Alpine, Tina	04/11/2008 12:38PM	Redirection	Yes
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Alpine, Tina	04/11/2008 12:38PM	Was redirection effective for verbal abuse?	Yes
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Note:	Alpine, Tina	04/11/2008 12:38PM	After 1-1, tried to redirect the resident to his room and this was effective.
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# Optimum ARD

## ARD Analysis Report

**Id:** 642

**Name:** Adams, John

**Location:** EAST PAVILION

	ADLs G1a,b,h,i	Mood E1		Behavior E4			Bowel and Bladder Programs H3a-b		Feeding Tube or Parenteral IV K5a-b	Therapy P1b		Restorative P3
	ADL Index	# of 1's	# of 2's	# of 1's	# of 2's	# of 3's	Scheduled toileting plan	Bladder Retraining Program		Total Minutes	Potential RUGs Level	Number of Restorative Programs Meeting 15 minutes or more
<b>ARD:</b> 02/23/2007	4	3	0	0	0	0	YES	No Data	NO	No Data	No Data	No Data
<b>ARD:</b> 02/24/2007	8	3	0	0	0	0	YES	No Data	NO	No Data	No Data	No Data
<b>ARD:</b> 02/25/2007	7	3	0	0	0	0	YES	YES	NO	15	N/A	4
<b>ARD:</b> 02/26/2007	7	3	0	0	0	0	YES	YES	YES	120	Low	4
<b>ARD:</b> 02/27/2007	7	3	0	0	0	0	YES	YES	YES	405	High	4
<b>ARD:</b> 02/28/2007	4	3	0	0	0	0	YES	YES	YES	410	High	4
<b>ARD:</b> 03/01/2007	4	3	0	0	0	0	YES	YES	YES	415	High	4

Therapy Codes: N/A, Low, Medium, High, Very High, Ultra High

- Not Enough data for an accurate calculation

No Data: Indicates that data is not available in CareTracker

# Monthly Summary

## Nursing Monthly Summary

Date Range: 05/04/2006 - 05/08/2006

1126 Reagan, Ronald W.

### ADL Information # of Occurrences

	Independent		Supervision		Limited Assist		Extensive Assist		Total Dependence		Activity Did Not Occur
	No Setup Help	Setup Help	No Setup Help	Setup Help	1 Assist	2+ Assist	1 Assist	2+ Assist	1 Assist	2+ Assist	
Bed Mobility		1		3							
Transfer		1		1	1	1					
Walk in Room				1	3						
Walk in Hall				1	1	2					
Locomotion on Unit		1		3							
Locomotion off Unit				4							
Dressing					1	2	1				
Eating				3	1						
Toilet Use						1	1	1		1	
Personal Hygiene				1	2			1			
Bathing				1		1		2			

### ADL Score: Last 7 Days

Bed Mobility		Transfer		Walk in Room		Walk in Hall		Locomotion on Unit		Locomotion off Unit		Dressing		Eating		Toilet Use		Pers Hygiene		Bathing	
Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support	Self-Perf	Support
1	1	2	3	2	3	2	3	1	2	1	2	2	3	2	2	3	3	2	3	4	3

### Mood and Behavior

Verbal Expressions of Distress									Sleep-Cycle Issues		Sad, Apathetic, Anxious Appearance			Loss of Interest		Mood	Behavioral Symptoms									
Negative Statements	Repetitive Questions	Repetitive Verbal	Persistent Anger	Self Deprecation	Unrealistic Fears	Terrible Things to Happen	Repetitive Health	Repetitive Anxious	Unpleasant Mood	Insomnia	Sad/ Pained/ Worried	Crying	Repetitive Physical	Withdrawn from activities	Reduced Social Interaction	Mood Persistence	Wandering	Wand. Alter.	Verb. Abuse	Verb. Alter.	Phys. Abuse	Phys. Alter.	Soc. Inapp	Soc. Alter.	Resists Care	Res. Alter.
E1a	E1b	E1c	E1d	E1e	E1f	E1g	E1h	E1i	E1j	E1k	E1l	E1m	E1n	E1o	E1p	E2	E4a		E4b		E4c		E4d		E4e	
																	A	B	A	B	A	B	A	B	A	B
0	2	0	0	0	0	1	0	0	0	1	1	0	0	0	2	0	1	0	3	0	0	0	1	0	0	0
0	1	0	0	0	0	1	0	0	0	1	1	0	0	0	2	0	1	0	2	0	0	0	1	0	0	0

# Monthly Summary

## Nursing Monthly Summary

Date Range: 05/04/2006 - 05/08/2006

1126 Reagan, Ronald W.

### Meals and Fluids

	Breakfast	Morning Snack	Lunch	Afternoon Snack	Dinner	Evening Snack	Avg Meal	Avg Snack	Avg Daily Fluid Intake (in CCs)	# of Days Meal Intake<50%	Greatest # of Sequential Days Meal Intake<50%
Avg Meal/Fluid Intake	25.0	25.0	50.0	75.0	50.0	50.0	25.0	50.0	1167.0	1	1
# Occurrences Out of Facility	1										

### Toileting Activity

					Bowel Size				
	Bladder Output Continent	Bladder Output Incontinent	Bowel Output Continent	Bowel Output Incontinent	Small	Medium	Large	X-Large	Diarrhea
# Occurrences	2		1			1			
# Days	1		1			1			
Greatest # of Sequential Days	1		1						

	No BM for entire shift	No BM in 9 shifts	No BM or Small BM for entire shift	No BM or Small BM in 9 shifts
# of Occurrences	12	1	12	1
Greatest # of Sequential Shifts	9		9	

# Resident Specific Reporting

## Resident I/O by Day Chart

Resident: Adams, John  
 Res Id: 1009  
 Room: 102A

	Breakfast Intake %	Morning Snack %	Lunch Intake %	Afternoon Snack %	Dinner Intake %	Evening Snack %	Average Meal	Average Snack		Fluid Intake	Output	Difference		Weight
04/07/2005	25	50	75	50	25	0	41.7	33.3		820	975	-155		175
04/08/2005	100	50	75	50	75	75	83.3	58.3		1325	1075	250		
04/09/2005	50	0	75	0	100	25	75.0	8.3		1540	970	570		
04/10/2005	25	0	25	0	25		25.0	0.0		1530	1675	-145		
04/11/2005	75	25	0	75			37.5	50.0		1080	1470	-390		
04/12/2005	75	0	50	0	75	0	66.7	0.0		1120	675	445		176
Total										7415	6840	575		
Average	58.3	20.8	50.0	29.2	60.0	25.0	54.9	25.0		1235.8	1140.0	95.8		

# Group Reporting

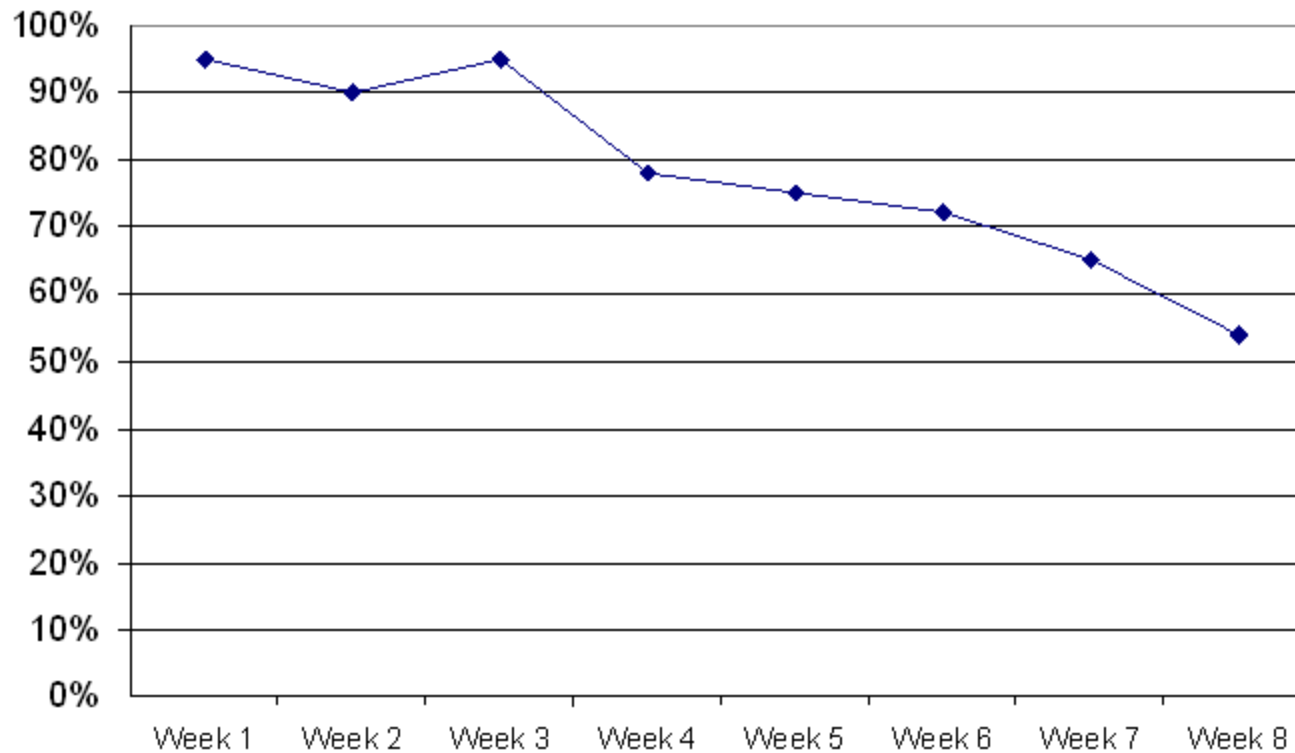
## CORP - Group I/O Chart

Date Range: 4/7/2005-4/16/2005

	Breakfast Intake %	Morning Snack %	Lunch Intake %	Afternoon Snack %	Dinner Intake %	Evening Snack %	Average Meal	Average Snack		Fluid Intake	Output	Difference		Weight
Buchanan, James (1008)	66	52	59	52	59	50	61.3	51.3		9690	7745	1945		186
Bush, George (1007)	65	50	63	65	73	61	67.0	58.7		15008	11700	3308		167
Carter, James (1006)	90	58	89	69	100	75	93.0	67.3		17317	17500	-183		165
Cleveland, Grover (1005)	50	50	68	33	48	48	55.3	43.7		12725	9410	3315		201
Clinton, William (1004)	98	83	88	85	88	88	91.3	85.3		18700	14598	4102		211
Average	73.8	58.6	73.4	60.8	73.6	64.4	73.6	61.3		14688	12190	2497.4		
Number of Residents:	5	5	5	5	5	5	5	5		5	5	5		

## Exporting Data

**Average Meal Intake for John Adams**



## Staffing Reports

### Observation Detail by Staff Report

Resident Staff Name	Series	Total Observations	Average Score
Fillmore, Millard			
Becker, Becky	Activities of Daily Living (ADLs)	13	16.32
Delmonte, Delores	Activities of Daily Living (ADLs)	8	15.54
Miller, Mary	Activities of Daily Living (ADLs)	9	11.27
Smith, Sally	Activities of Daily Living (ADLs)	12	16.50
Total		43	14.90
Lincoln, Abraham			
Becker, Becky	Activities of Daily Living (ADLs)	11	17.22
Delmonte, Delores	Activities of Daily Living (ADLs)	12	16.12
Miller, Mary	Activities of Daily Living (ADLs)	13	10.01
Smith, Sally	Activities of Daily Living (ADLs)	9	16.75
Total		45	15.02
Washington, George			
Becker, Becky	Activities of Daily Living (ADLs)	12	12.32
Delmonte, Delores	Activities of Daily Living (ADLs)	8	11.54
Miller, Mary	Activities of Daily Living (ADLs)	10	09.59
Smith, Sally	Activities of Daily Living (ADLs)	11	12.41
Total		41	12.72

Date Range: 8/7/07 8:00 AM - 8/9/07 3:00 PM

# Monitor Compliance

## Summarized Resident Compliance Report

3/27/2008 2:01 PM

**Location:**

Resident Id:	Resident:	Scheduled Obs.:	Completed Obs.:	Incomplete Obs.:	Percent Complete:
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**East Wing**

1008	Buchanan, James	64	50	14	78 %
1007	Bush, George H	53	53	0	100 %
1006	Carter, James E	52	52	0	100 %
1005	Cleveland, Grover	52	52	0	100 %
1004	Clinton, William J	63	63	0	100 %
1003	Coolidge, Calvin	62	62	0	100 %
1002	Eisenhower, Dwight D	62	62	0	100 %
1100	Fillmore, Millard D	62	62	0	100 %
1101	Ford, Gerald R	62	62	0	100 %
1102	Garfield, James A	45	45	0	100 %
1103	Grant, Ulysses S	62	62	0	100 %

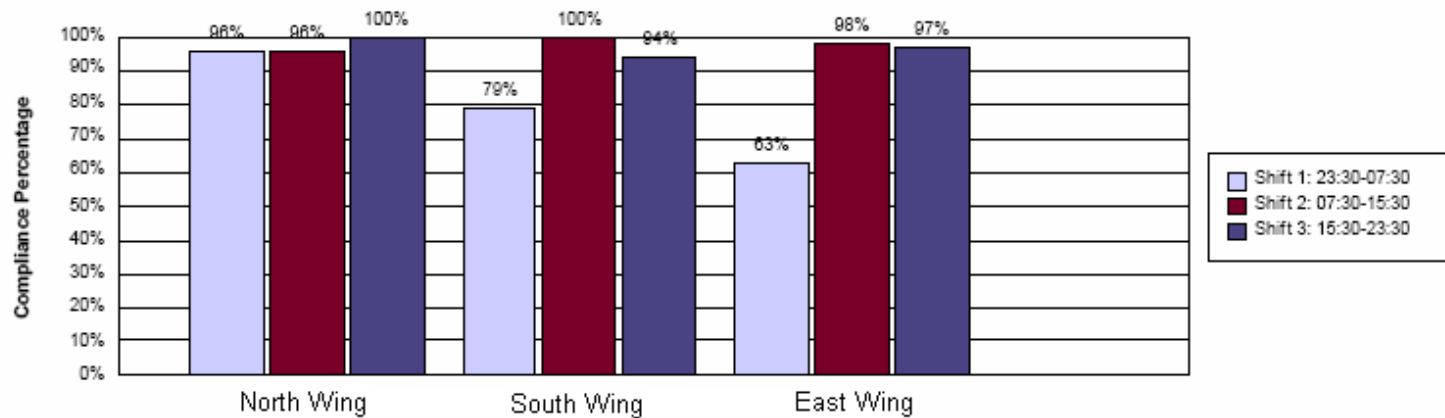
**East Wing's Totals:**

702	688	14	98 %
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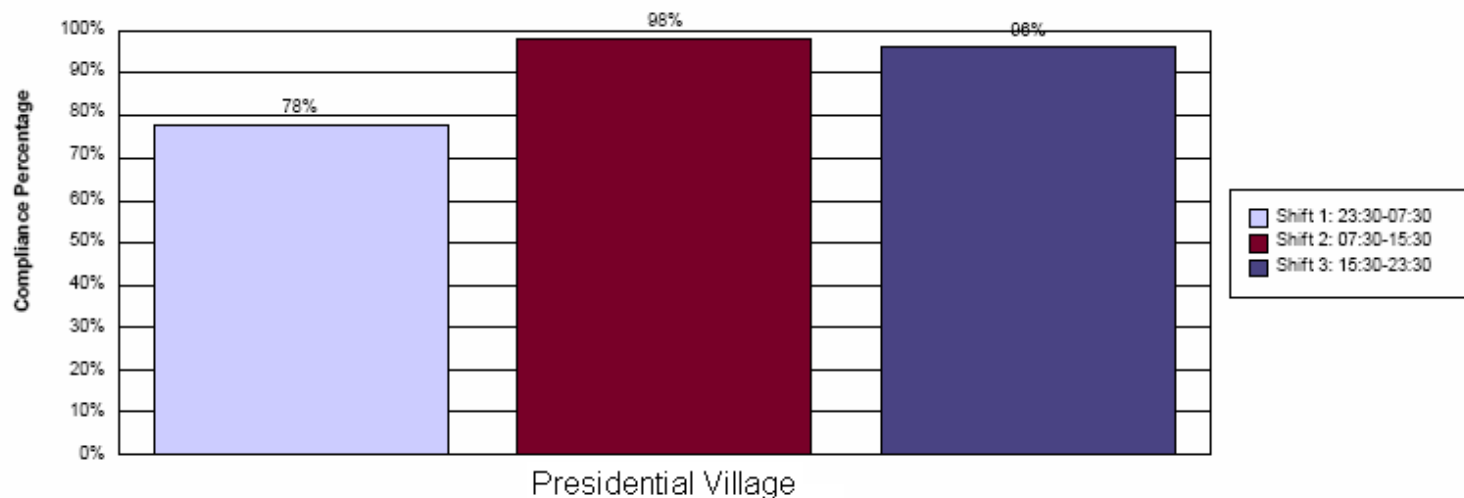


## Monitor Compliance

**Compliance Percentage by Location/Shift**



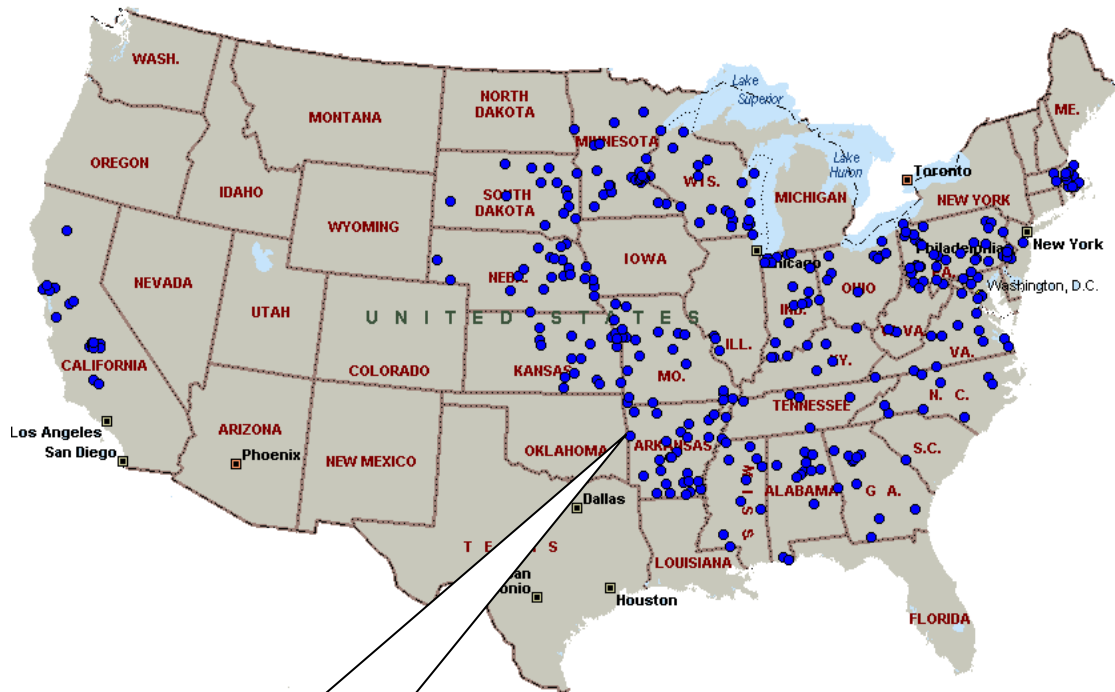
**Compliance Percentage by Facility/Shift**



**Facility Compliance Percentage Avg: 91 %**

# Golden Living

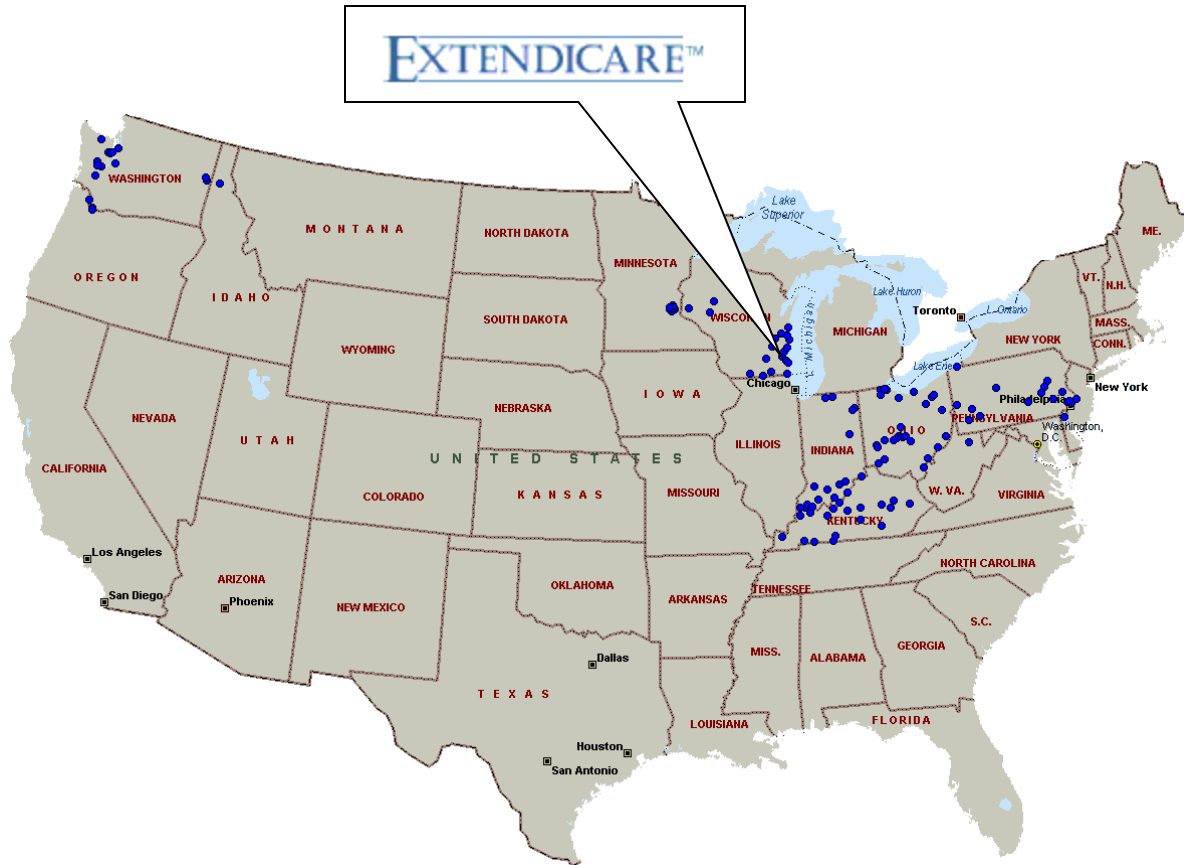
(formerly Beverly)



- 350+ facilities
- 14 month roll-out
- “Certified Trainer” program
- Nine month ROI for the entire project

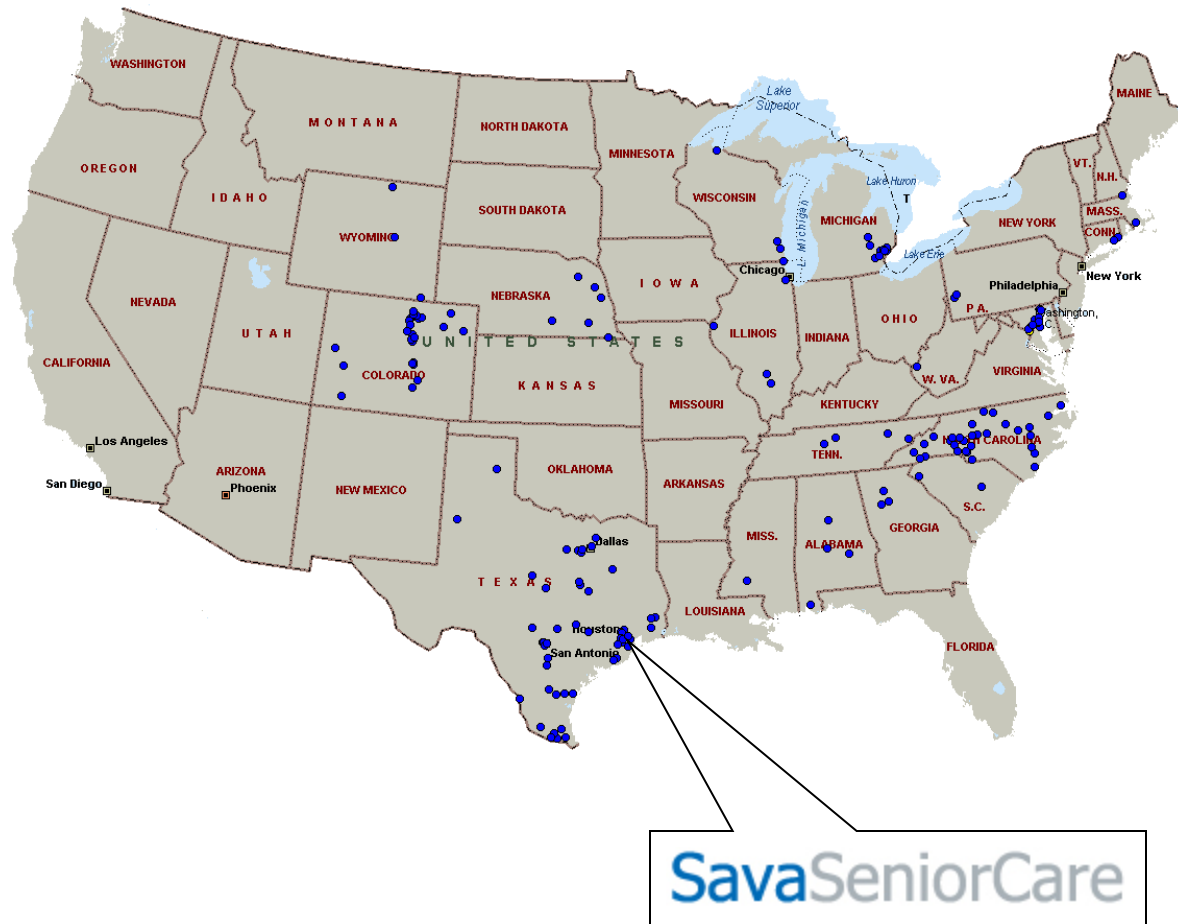
golden  
living

# Extendicare



- 150 facilities
- Six month roll-out
- Resource Systems managed trainings
- First corporation to add the messaging module to all facilities

# Sava Senior Care



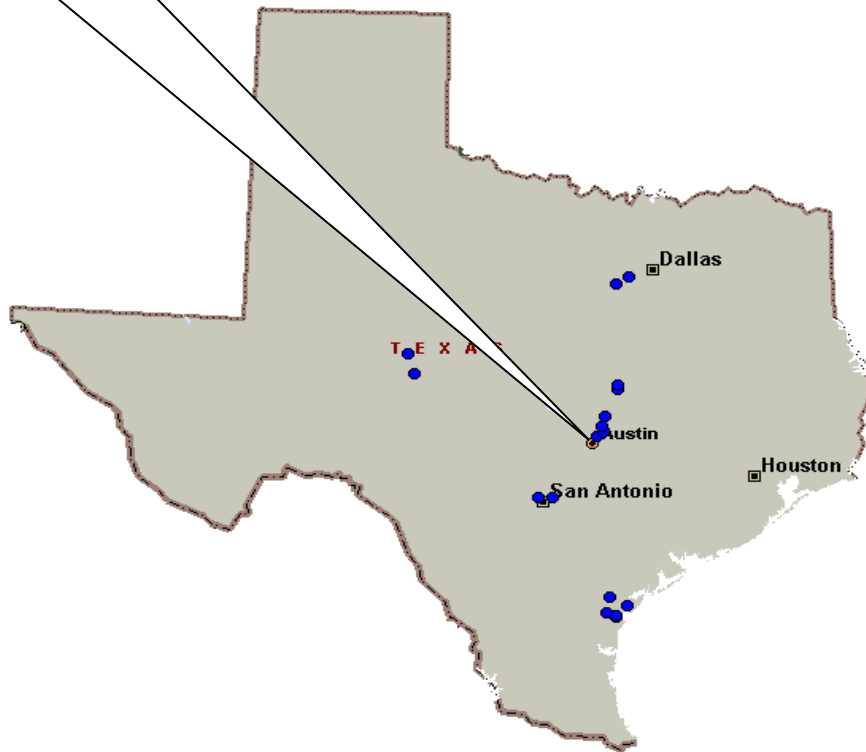
- 180 facilities
- Nine month roll-out
- Resource Systems managed trainings

# Ensign Facility Services



- 62 facilities
- Resource Systems managed trainings

# TRISUN Healthcare



- 20 Facilities
- AHT User
- Resource Systems managed trainings



# CareTracker

by Resource Systems

- Improve Quality of Care
  - Reduce Risk
- Increase Reimbursement

For more information about CareTracker:

800-338-3681

[info@resourcesystems.net](mailto:info@resourcesystems.net)

[www.seecaretracker.com](http://www.seecaretracker.com)

